

# Coaching Model



## **Commit to a mutually established coaching process**

Every successful coaching engagement starts with a bilateral agreement on how we will work together and how deviations from this agreement will be handled - all in alignment with your manager's goals and expectations for this process.

## **Establish objectives and metrics to measure progress**

A critical component will be the identification of the objectives of the engagement and the establishment of metrics to measure our progress.

## **Engage in an interactive coaching experience**

The core activity of our work together will be the coaching experience itself, which includes a variety of interactive activities focused on your language, behavior, and environment.

## **Adjust the coaching process as it progresses**

Not every engagement proceeds as planned – adjusting the process as we progress maximizes the effectiveness of the engagement.

## **Build a foundation for continuous improvement**

An effective coaching engagement is just the beginning! Providing a foundation for continuous improvement ensures that the benefits of the coaching experience continue to support you.